

2010 Trabuco Hills Mighty Mustangs Youth Football Camp

A two-day youth football camp for youth football players, ages
5 yrs old through 8 yrs old July 23rd/24th

The Camp is designed to teach football technique covering all Offensive and Defensive positions. Also included will be Flexibility, Speed, Agility & Quickness session conducted by Trabuco's Speed and Conditioning Coach

- Please Register before July 2, 2010 (ages 5 through 8) -

Dates: Friday, July 23rd/ Saturday, July 24th **Time:** 9 AM until 12PM **Place:** Trabuco Hills
Cost: \$ 75a **Ages:** 5 yrs through 8 yrs **Sign-In:** Check-in 8:15 AM until 8:45

- Walkups Welcomed day of clinic. Please add \$ 25 for late fee please arrive early (8:00 AM) -
Shoes, cleats and athletic shorts required, water provided on the field, free tee shirts
for all campers

For more information contact: garrgray@yahoo.com or by phone 949-280-7234

Player's Last Name: _____ Player's First Name: _____
Player's Address: _____ City: _____ Zip: _____
Parent's Last Name: _____ Parent's First Name: _____
Home Phone: _____ Cell Phone: _____ Player's Age _____
Medical Conditions: _____ Allergies/Medication: _____
Medical Insurance Carrier: _____ Phone: _____
Policy Number: _____ Group Number: _____

Tee shirt size (Circle one): Youth Sm. Youth Med. Youth Lg. Youth Extra Lg. Adult Sm. Adult Med

I hereby authorize the staff of the 2010 Trabuco Hills Mighty Mustangs Youth Football Camp at Trabuco Hills High School to act for me according to their best judgment in any emergency requiring medical attention, and hereby waive and release said program from any and all liability for any injuries or illness incurred therein. I have no knowledge of any physical impairment that would affect the above player's participation

Parent/Guardian's Signature: _____ Date: _____

Emergency Contact Name: _____ Emergency Contact Phone: _____

Mail the above completed registrations along with a \$ 75 check made payable to:

"THHS TOUCHDOWN CLUB"

Address: THHS FOOTBALL, 27501 Mustang Run, Mission Viejo, CA, 92691

